

## **Respiratory Services Department**

# RESPIRATORY SERVICES REQUISITION

APPOINTMENT DATE and TIME			
GEORGETOWN  1 Princess Anne Drive, Georgetown, ON L7G 2B8 Phone: 905-873-0111 ext. 8528 Fax: 905-873-4595	725 Bronte St. South., ON L9T 9K1 Phone: 905-878-2383 ext. 7695 Fax: 905-876-7048	OAKVILLE 3001 Hospital Gate, Oakville, ON., L6M 0L8 Phone: 905-338-4679 Fax: 905-338-4631	
Screening and Diagnostic Studies  Spirometry (FEVI, FVC, MMEFR)  Spirometry Pre & Post Bronchodilator  Arterial Blood Gases (ABGs)  Oximetry: Resting Exercise  Single Blind Study Inhaler Instruction  Home Oxygen Assessment (including ABG and Oximetry)	Screening and Diagnostic Studies  Spirometry (FEVI, FVC, MMEFR)  Spirometry Pre & Post Bronchodilator  Pulmonary Function Test (PFT) (Spirometry pre & post bronchodilator, lung volumes, diffusing capacity)  Arterial Blood Gases (ABGs)  Oximetry: Resting Exercise  Single Blind Study  Inhaler Instruction  Home Oxygen Assessment (including ABG and Oximetry)	Screening and Diagnostic Studies  Spirometry (FEVI, FVC, MMEFR)  Spirometry Pre & Post Bronchodilator  Pulmonary Function Test (PFT)  905-338-4686 / Fax: 905-815-5082 (Spirometry pre & post bronchodilator, lung volumes, diffusing capacity)  Methacholine Challenge Test (MCT)  905-338-4686 / Fax: 905-815-5082 (Spirometry pre & post bronchodilator, serial methacholine inhalations & spirometry)  Arterial Blood Gases (ABGs)  Oximetry: □ Resting □ Exercise	
Resource and Referral Programs  Home Oxygen Program (C. Air)  905-338-4121  Asthma Education Centre  905-873-0111 ext. 8199 (Spirometry pre & post bronchodilator, peak flow monitoring, inhaler instructions)  Other – please specify:	Resource and Referral Programs  Home Oxygen Program (C. Air) 905-338-4121  Asthma Education Centre 905-878-2383 ext .7695 (Spirometry pre & post bronchodilator, peak flow monitoring, inhaler instructions)  Other – please specify:	□ Single Blind Study □ Inhaler Instruction □ Home Oxygen Assessment (including ABG and Oximetry)  Resource and Referral Programs □ Home Oxygen Program (C. Air) ☎ 905-338-4121 □ Asthma Education Centre ☎ 905-338-4691 / Fax: 905-338-4631 (Spirometry pre & post bronchodilator, peak flow monitoring, inhaler instructions) □ Smoking Cessation Program ☎ 905-338-4691 / Fax: 905-338-4631 □ Other - please specify:	
REASON FOR TEST  Unless specified, all other tests are booked Georgetown: 905-873-0111 ext. 852 Cardio-pulmonary stress testing booked th Please see reverse for instructions re m Pregnant women are restricted from Me	d through Respiratory Therapy Dept.:  8 Oakville: \$\frac{1}{2}\$ 905-338-4679  rough Cardiology Dept. at Oakville (\$\frac{1}{2}\$ 905-338-46  dedication use prior to testing.	ve latex sensitivity?	
Ordering Physician:	Physician's Signature:		



### RESPIRATORY SERVICES DEPARTMENT

Patient Name	Appointment Date	Appointment Time

## INSTRUCTIONS

(Please Read Carefully)

## Spirometry, Peak Flow Monitoring, and Pulmonary Function Testing: (This test takes about 45 minutes))

#### You MAY NOT take:

- any inhaled, short-acting bronchodilators (Ventolin and Airomir) for 8 hours before the test
- > Serevent, Advair, Oxeze, Symbicort products for 18 hours before the test
- Aminophyline, Spiriva or similar products for 24 hours before the test

## Methacholine Challenge Testing: (This test takes about one hour)

This test is to determine whether you have asthma. You will be asked to inhale gradually increasing strengths of Methacholine mist. Between each inhalation, breathing tests will be done. You may not have this test if you are pregnant.

In preparation for the test, please note the following about your medications:

- 1. You **MUST** continue to take all steroids, as prescribed.
- 2. You MAY NOT take:
  - any inhaled, short-acting bronchodilators (i.e., Ventolin, Airomir) for 8 hours before the test
  - Serevent, Advair, Oxeze, Symbicort products for 18 hours before the test
  - Accolate, Singulair, Aminophylline, Spiriva or similar products for 24 hours before the test
- 3. Please **TAKE** all your other medications in the usual manner unless you are told not to by the doctor who ordered the test.

#### **IMPORTANT!**

If shortness of breath bothers you when you stop taking your medications, please begin taking them again in the usual manner and notify the Respiratory Therapy Department before your appointment.

#### Remember:

 If you have any queries about your medications, please do not hesitate to call the Respiratory Therapy Department:

Georgetown: \$\alpha\$ 905-873-0111 ext. 8528 Milton: \$\alpha\$ 905-878-2383 ext. 7695 Oakville: \$\alpha\$ 905-338-4679

- Any patients arriving later than 15 minutes past the scheduled appointment time will have to be re-booked.
- If you are unable to keep your appointment, please notify us 24 hours prior to the test:

Georgetown: 2905-873-0111 ext. 8528 Milton: 2905-878-2383 ext. 7695 Oakville: 2905-338-4679

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