
For Immediate Release

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Expressions of Clinical Well-being Art Exhibit at Halton Healthcare

OAKVILLE, ON - In a field devoted to caring for others, clinical burnout among healthcare professionals is garnering media attention. Halton Healthcare recently featured, **Expressions of Clinician Well-being**, a powerful art collection that explores insights of clinicians and caregivers who have experienced clinical burnout as well as resilience. This travelling exhibit is from The National Academy of Medicine in Washington, DC and it is the first time this exhibit has been shown in a Canadian Institution.

Clinician burnout can have serious and wide-ranging consequences. In order to promote a greater understanding of this prevalent issue, The National Academy of Medicine, a non-profit organization, called on clinicians of all skills and abilities to express what clinician burnout looked and felt like to them. In addition to examining some of the barriers to clinical well-being, this art collection also shares clinical resilience and well-being.

“Healthcare professionals are so focused on caring for their patients – that they may lose sight of their accomplishments or why they chose their profession in the first place. It can be very healing to see some of your personal struggles reflected back to you through art created by your peers,” explains Louisa Nedkov, Employee Wellness Program, Halton Healthcare. “Supporting the well-being of our clinicians helps improve patient- clinician relationships, creates a higher functioning care team and a more engaged workforce.”

The exhibit, on show in the lobby at Oakville Trafalgar Memorial Hospital was viewed with great interest by the public as well as caregivers, volunteers, patients and their families.

“I was surprised by how personally touching the art was. The anguish in ‘Tough Decisions’ is a feeling we have all had and that urge to project perfection in ‘Identity’ is so relatable,” explained Dr. Maggie Gordon, Surgeon, Halton Healthcare. “I also loved the collage of the conflicting pressures in modern health care. I do feel so privileged to what I do – caring for patients and doing my best to improve the quality of their lives.”

“I spent a fair bit of time this morning viewing and absorbing the art display,” notes Cindy McDonell, Chief Operating Officer, Georgetown Hospital. “The display was incredibly moving and despite the theme of burnout, I found it hopeful. I want to thank Kailo for bringing this exhibit to our hospitals in support of all those who provide care.”

This exhibit was brought into our hospitals to commemorate Kailo’s 15 year anniversary of supporting its staff, physicians and volunteers. For more information log on to:

<https://nam.edu/expressclinicianwellbeing/#/>

About Halton Healthcare

Halton Healthcare is a healthcare organization comprised of three community hospitals - Georgetown Hospital, Milton District Hospital and Oakville Trafalgar Memorial Hospital and several community programs and services including: Burlington Dialysis Centre, Oakville Hospital Footcare & Orthotic Centre, Georgetown Diabetes Program, one-Link, and North Halton Mental Health Clinics. Together we provide healthcare services to nearly 400,000 residents in the communities of Halton Hills, Milton and Oakville. Halton Healthcare has been recognized for its best practices in a number of patient safety and patient care initiatives. For more information, visit www.haltonhealthcare.com Follow us on Twitter @HaltonHlthcare and Facebook.

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