

Hand Hygiene in the Hospital

The best method to prevent infections is hand hygiene

You can perform Hand Hygiene by using:

Alcohol Based Hand Rub

Preferred method in Hospital settings



Soap & Water

When your hands are visibly soiled



| <u>You</u> are encouraged to perform Hand Hygiene | <u>Your visitors</u> are encouraged to perform Hand Hygiene |
|---|---|
| Before you eat your meals | Before they come into a patients room |
| After using the bathroom | After they leave a patients room |
| Before leaving a patients room | If they are helping you eat/ setting up your meal tray |

| <u>Your Health Care Provider</u> should preform Hand Hygiene |
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| Before enter a patients room |
| Before & After they provide care for you (take you to bathroom, touch IV site or wounds) |
| After leaving a patients room |