



NEWS RELEASE

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Dr. Aliya Khan Receives International Society of Clinical Densitometry's (ISCD) Instructor of the Year Award

Dr. Aliya Khan, a Specialist in Osteoporosis at Halton Healthcare Services (HHS), Clinical Professor of Medicine at McMaster University and Director of the Calcium Disorders Clinic at St. Joseph's Healthcare, McMaster University was the 2011 Recipient of the International Society of Clinical Densitometry's (ISCD) *International Clinician Instructor of the Year Award*. Dr. Khan is only the second Canadian to ever receive this prestigious award.

The ISCD provides internationally recognized certification courses and certifying examinations in bone densitometry. In Canada, all physicians must be certified by the ISCD before they can interpret bone density tests. The ISCD award recognizes excellence in teaching and this award is presented to the faculty member receiving the highest rating on teaching its certification courses internationally.

An honours graduate from the University of Ottawa Medical School, Dr. Khan obtained post-graduate training in Internal Medicine, Geriatric Medicine and Endocrinology as well as a fellowship in metabolic bone diseases at the University of Toronto. As the past Chair of the ISCD Certification Council she led the development of the certification exams which are now taken by specialists globally in order to become certified to interpret bone density tests.

"Congratulations are in order on this well deserved award," notes Dr. David McConachie, HHS Chief of the Department of Medicine. "Dr. Khan is a dedicated Geriatrician, a passionate educator, and an inspiring mentor. This award acknowledges the extensive work and teaching she has done in the field of metabolic bone disease."

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International Clinician Instructor of the Year Award

Dr Khan is a member of the HHS Department of Medicine and has served as both the Director of the Geriatric Services at Oakville-Trafalgar Memorial Hospital (OTMH) and Chair of the OTMH Rehab and Geriatric Committee. In 1992, she developed the OTMH Geriatric Hip Fracture Program, an innovative approach that is now being emulated across the province – which focused on treating the osteoporosis, the underlying cause of the fracture.

Today, Dr. Khan plays a key role in promoting bone health and in both the treatment and the prevention of osteoporosis. An avid educator and clinician she sees all the hip fracture patients admitted to OTMH and works closely with the HHS Bone Density Screening Program which now provides assessments for children as well as adults in the Halton-Peel Region and beyond.

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